

2023 MIAC Football Regional and National Awards

2023 Gagliardi Trophy Finalist

Pos.	Name	Institution	Class	Hometown High School	Previous Selections
WR	Jake Breitbach	Gustavus	Sr.	Golden Valley, Minn.	--

2023 Gagliardi Trophy Semifinalist

Pos.	Name	Institution	Class	Hometown High School	Previous Selections
WR	Jake Breitbach	Gustavus	Sr.	Golden Valley, Minn.	--
QB	Aaron Syverson	Saint John's	Sr.	Minnetonka, Minn.	--

2023 Associated Press All-America

Pos.	Name	Institution	Class	Hometown High School	Team	Previous Selections
TE	Alex Larson	Saint John's	Sr.	Woodbury, Minn.	First Team	2022 (1T)
WR	Jake Breitbach	Gustavus	Sr.	Golden Valley, Minn.	Second Team	--

2023 AFCA All-America

Pos.	Name	Institution	Class	Hometown High School	Team	Previous Selections
TE	Alex Larson	Saint John's	Sr.	Woodbury, Minn.	First Team	2022 (1T)
WR	Jake Breitbach	Gustavus	Sr.	Golden Valley, Minn.	Second Team	--

2023 D3football.com All-America

Pos.	Name	Institution	Class	Hometown High School	Team	Previous Selections
TE	Alex Larson	Saint John's	Sr.	Woodbury, Minn.	First Team	2021 (4T) 2022 (1T)
TE	Ntense Obono	Carleton	Jr.	Lawrence, Kan.	Second Team	--
WR	Jake Breitbach	Gustavus	Sr.	Golden Valley, Minn.	Third Team	--
G	Joe Jaeger	Saint John's	Sr.	Lakeville, Minn.	Third Team	--
S	Matt Jung	Bethel	Fy.	Neenah, Wis.	Third Team	--
DT	Collin Thompson	Concordia	Sr.	Thatcher, Ariz.	Fourth Team	--

2023 D3football.com Preseason All-America

Pos.	Name	Institution	Class	Hometown High School	Team	Previous Selections
TE	Alex Larson	Saint John's	Sr.	Woodbury, Minn.	First Team	2022 (2T)
WR	Joey Kidder	Bethel	Jr.	New Richmond, Wis.	Second Team	--

2023 D3football.com All-Region VI

Pos.	Name	Institution	Class	Hometown High School	Team	Previous Selections
RB	Jordan Embry	St. Olaf	Sr.	Birmingham, Ala.	First Team	2022 (2T)
WR	Jake Breitbach	Gustavus	Sr.	Golden Valley, Minn.	First Team	--
TE	Alex Larson	Saint John's	Sr.	Woodbury, Minn.	First Team	2021 (1T) 2022 (1T)
G	Joe Jaeger	Saint John's	Sr.	Lakeville, Minn.	First Team	2022 (3T)
DT	Collin Thompson	Concordia	Sr.	Thatcher, Ariz.	First Team	--
LB	Carson DeKam	Gustavus	Sr.	Owatonna, Minn.	First Team	2021 (2T) 2022 (3T)
CB	Devin Williams	Bethel	So.	Fridley, Minn.	First Team	2022 (3T)
S	Matt Jung	Bethel	Fy.	Neenah, Wis.	First Team	--
WR	Nick VanErp	Saint John's	Sr.	Battle Lake, Minn.	Second Team	--
TE	Ntense Obono	Carleton	Jr.	Lawrence, Kan.	Second Team	--
T	Josh Helling	Bethel	Jr.	Parkers Prairie, Minn.	Second Team	--
RET	Isaiah Thompson	Augsburg	Jr.	Detroit Lakes, Minn.	Second Team	--
DE	Michael Carey	Carleton	Sr.	Haddonfield, N.J.	Second Team	--
DT	Zach Frank	Saint John's	Jr.	Lino Lakes, Minn.	Second Team	--
LB	Erik Bjork	Saint John's	Sr.	Mahtomedi, Minn.	Second Team	--
S	Henry Detmer	Carleton	Sr.	River Forest, Ill.	Second Team	--
QB	Aaron Syverson	Saint John's	Sr.	Minnetonka, Minn.	Third Team	--
RB	Aaron Ellingson	Bethel	Jr.	St. Louis Park, Minn.	Third Team	--
WR	Charlie Wilson	Hamline	Sr.	Woodbury, Minn.	Third Team	--
T	Andrew Hahn	Augsburg	Jr.	Augsburg	Third Team	--

LB	Isaac Simons	Carleton	Sr.	Oconomowoc, Wis.	Third Team	2021 (3T) 2022 (2T)
CB	Cayden Saxon	Saint John's	Sr.	Minnetonka, Minn.	Third Team	2022 (2T)

2023 D3football.com Team of the Week

Pos.	Name	Institution	Class	Hometown High School	Date
DE	Michael Carey	Carleton	Sr.	Haddonfield, N.J. Memorial	2023-09-12
ST	Stuart DeMerit	Concordia	Jr.	Snoqualmie, Wash. Mount Si	2023-09-12
WR	Jake Breitbach	Gustavus	Sr.	Golden Valley, Minn. Armstrong	2023-09-19
WR	Charlie Wilson	Hamline	Sr.	Woodbury, Minn.	2023-09-26
LB	Hamsa Kahin	Augsburg	Jr.	Eden Prairie, Minn. Edina	2023-09-26
LB	Tate Sauerwein	St. Olaf	Jr.	Holcombe, Wis. Lake Holcombe	2023-09-26
WR	Nathan Streiff	Carleton	Jr.	New Glarus, Wis.	2023-10-03
TE	Ntense Obono	Carleton	Jr.	Lawrence, Kan.	2023-10-03
TE	Ntense Obono	Carleton	Jr.	Lawrence, Kan.	2023-10-10
QB	Aaron Syverson	Saint John's	Sr.	Minnetonka, Minn.	2023-10-17
QB	Cade Sheehan	Augsburg	Sr.	Rochester, Minn. Mayo	2023-10-24
CB	Eric Lyons Jr.	Gustavus	So.	Fort Lauderdale, Fla. Plantation	2023-10-24
TE	Derek Hansen	St. Olaf	Sr.	Eagan, Minn.	2023-10-31
S	Taylor Stroh	Gustavus	Sr.	Jordan, Minn.	2023-10-31
CB	Matt Jung	Bethel	Fy.	Neenah, Wis.	2023-10-31
CB	Matt Jung	Bethel	Fy.	Neenah, Wis.	2023-11-06
CB	Matt Jung	Bethel	Fy.	Neenah, Wis.	2023-11-13

2023 CSC Academic All-America

Pos.	Name	Institution	Class	Hometown High School	Team	Previous Selections
WR	Jake Breitbach	Gustavus	Sr.	Golden Valley, Minn.	First Team	--
WR	Charlie Wilson	Hamline	Sr.	Woodbury, Minn.	First Team	--

DB	Nate Farm	Bethel	Jr.	Arden Hills, Minn. Mounds View	First Team	2022 (2T)
DL	Collin Thompson	Concordia	Sr.	Thatcher, Ariz.	First Team	--
DL	Michael Carey	Carleton	Sr.	Haddonfield, N.J.	Second Team	--

2023 CSC Academic All-District Football

Pos.	Name	Institution	Class	Hometown High School	Previous Selections
OL	Aiden Deacon	Augsburg	Sr.	Minneapolis, Minn. St. Anthony Village	--
OL	Andrew Hahn	Augsburg	Jr.	Avon, Minn. Albany	--
OL	Michael Harris III	Augsburg	Jr.	St. Paul, Minn. Tartan	2022
TE	Michael Ims	Augsburg	Sr.	Northfield, Minn.	2022
TE	Devin Schelske	Augsburg	Jr.	Pocatello, Idaho Century	2022
LB	Brandon Sjostrand	Augsburg	Sr.	Bloomington, Minn. Kennedy	2022
LB	Justin Tverberg	Augsburg	Sr.	Farmington, Minn. Hastings	2022
DL	Shaquille Young	Augsburg	Sr.	St. Paul, Minn. Tartan	2022
RB	Aaron Ellingson	Bethel	Jr.	St. Louis Park, Minn.	--
DB	Nate Farm	Bethel	Jr.	Arden Hills, Minn. Mounds View	2022
LB	Taylor Glynn	Bethel	So.	Grand Meadow, Minn.	--
OL	Josh Helling	Bethel	Jr.	Parkers Prairie, Minn.	--
DB	Matt Jung	Bethel	R-Fy.	Neenah, Wis.	--
DB	Gavin Rataj	Bethel	Jr.	Northfield, Minn.	--
LB	Thomas Wurdemann	Bethel	Sr.	North Branch, Minn.	--
TE	Zehou Ben Zhao	Carleton	Jr.	Guangzhou, China Fairfield Ludlowe	--
DL	Michael Carey	Carleton	Sr.	Haddonfield, N.J. Memorial	2021 2022
QB	Jack Curtis	Carleton	So.	Charlotte, N.C. Ardrey Kell	--
OL	Chris Elliott	Carleton	Sr.	Delmar, Del.	--
OL	Declan Schwab	Carleton	Jr.	Seattle, Wash. Lakeside	--
LB	Isaac Simons	Carleton	Sr.	Oconomowoc, Wis. Lak Country Lutheran	2021 2022
TE	Rye Storrs	Carleton	So.	Portland, Ore. Franklin	--
DL	Luke Sugalski	Carleton	So.	Minnetonka, Minn. The Blake School	--
DL	Chase Dockter	Concordia	Sr.	Bismarck, N.D.	--
WR	Owen Miller	Concordia	Jr.	Aitkin, Minn.	--

LB	Quin Miller	Concordia	Sr.	Aitkin, Minn.	--
DB	Mitchell Sullivan	Concordia	Sr.	Annandale, Minn.	--
DL	Collin Thompson	Concordia	Sr.	Thatcher, Ariz.	--
DL	Cody Bonk	Gustavus	Sr.	Buffalo, Minn. Mayer Lutheran	--
WR	Jake Breitbart	Gustavus	Sr.	Golden Valley, Minn. Armstrong	2022
WR	Matthew Carreon	Gustavus	Sr.	Houston, Texas Mount Carmel Academy	--
LB	Carson DeKam	Gustavus	Sr.	Owatonna, Minn.	2022
WR	Caden Kleinschmidt	Gustavus	So.	Morgan, Minn. Cedar Mountain	--
WR	Major Martin	Gustavus	Sr.	Crane, Texas	--
OL	Luke Rooker	Gustavus	Jr.	Stillwater, Minn. Totino-Grace	--
DB	Taylor Stroh	Gustavus	Sr.	Jordan, Minn.	--
WR	Charlie Wilson	Hamline	Sr.	Woodbury, Minn.	--
WR	Nick Bice	Macalester	Sr.	Fort Dodge, Iowa	--
DB	Will Brazgel	Macalester	Sr.	Hartland, Wis. Lake Country Lutheran	--
OL	Max Clifford	Macalester	So.	Arvada, Colo. Pomona	--
K/P	Theo Crosby	Macalester	Jr.	Edina, Minn. The Blake School	--
LB	Jacob Hellenbrand	Macalester	Jr.	Sun Prairie, Wis.	--
DB	Cameron Latvis	Macalester	Jr.	West St. Paul, Minn. Two Rivers	2022
RB	Logan Pampel	Macalester	Sr.	Johnson Creek, Wis. Lakeside Lutheran	--
DB	Justin Potts	Macalester	Jr.	Bloomington, Ill. Normal Community	2022
DB	Noah Arneson	Saint John's	So.	Independence, Minn. Orono	--
LB	Ben Dahl	Saint John's	Jr.	Otsego, Minn. Rogers	--
DL	Zach Frank	Saint John's	Jr.	Lino Lakes, Minn. Centennial	--
OL	Tommy Hessburg	Saint John's	Jr.	Grosse Pointe Park, Mich. South	--
OL	Grant Peroutka	Saint John's	Jr.	Rosemount, Minn.	--
K	Conor Murphy	Saint John's	Jr.	Sioux Falls, S.D. O'Gorman	2022
LB	Hayden Sanders	Saint John's	Jr.	Brooklyn Park, Minn. Champlin Park	--
QB	Aaron Syverson	Saint John's	Sr.	Minnetonka, Minn.	2022
OL	Jonathan Hartwig	St. Olaf	So.	Hudson, Wis.	--

DB	Ben Kettelhut	St. Olaf	Sr.	Shoreview, Minn. Mounds View	2022
OL	Max Kuntz	St. Olaf	Sr.	Wabasha, Minn. Wabasha-Kellogg	2022
DL	Holden Luetkens	St. Olaf	Jr.	Hudson, Wis.	--
TE	Braden Menz	St. Olaf	Jr.	Waukee, Iowa	--
OL	Andrew Mollison	St. Olaf	Sr.	Edina, Minn. Minnehaha Academy	2022
LB	Tate Sauerwein	St. Olaf	Jr.	Holcombe, Wis. Lake Holcombe	--
K	Jacob Andrews	St. Scholastica	So.	Owatonna, Minn. Medford	--
LB	John Bonner	St. Scholastica	Jr.	Grand Rapids, Minn.	--
DL	Henry Eilefson	St. Scholastica	Jr.	New Brighton, Minn. Irondale	--
LB	Austin Mundt	St. Scholastica	So.	Deer River, Minn.	--
RB	Nick Schlender	St. Scholastica	Jr.	Stillwater, Minn.	--
OL	Cody Schneider	St. Scholastica	So.	Plainview, Minn. Plainview-Elgin-Millville	--
DB	Ian Strusz	St. Scholastica	So.	Albertville, Minn. St. Michael-Albertville	--
WR	Ricky Weber	St. Scholastica	Jr.	Roseville, Minn.	--

2024 National Football Foundation Hampshire Society

Pos.	Name	Institution	Class	Hometown High School
LB	Justin Tverberg	Augsburg	Sr.	Farmington, Minn. Hastings
RB	Oryon Hamlin	Carleton	Sr.	Inglewood, Calif. Chadwick School
LB	Isaac Simons	Carleton	Sr.	Oconomowoc, Wis. Lak Country Lutheran
K	Andrew Abegglen	Gustavus	Sr.	Mound, Minn. Mound-Westonka
LB	Braden Black	Gustavus	Sr.	Rochester, Minn. John Marshall
DL	Cody Bonk	Gustavus	Sr.	Buffalo, Minn. Mayer Lutheran
WR	Jake Breitbach	Gustavus	Sr.	Golden Valley, Minn. Armstrong
WR	Matthew Carreon	Gustavus	Sr.	Houston, Texas Mount Carmel Academy
K	Owen Casteel	Gustavus	Sr.	Mankato, Minn. Loyola
LB	Carson DeKam	Gustavus	Sr.	Owatonna, Minn.
K	Tyler Elliott	Gustavus	Sr.	Hopkins, Minn.
LS	Andrew Engebretson	Gustavus	Sr.	Rockford, Minn.
DL	Javier Gratacos	Gustavus	Sr.	Orlando, Fla. Lake Nona
DB	Gabe Loberg	Gustavus	Sr.	Granby, Colo. Middle Park
WR	Major Martin	Gustavus	Sr.	Crane, Texas

RB	Ivan Scarpino Korb	Gustavus	Sr.	Brighton, Colo.
OL	Brett Sonderman	Gustavus	Sr.	Lino Lakes, Minn. Centennial
DB	Taylor Stroh	Gustavus	Sr.	Jordan, Minn.
TE	Jack VandeBerg	Gustavus	Sr.	Apple Valley, Minn. Eastview
WR	Charlie Wilson	Hamline	Sr.	Woodbury, Minn.
WR	Nick Bice	Macalester	Sr.	Fort Dodge, Iowa
DB	Will Brazgel	Macalester	Sr.	Hartland, Wis. Lake Country Lutheran
RB	Logan Pampel	Macalester	Sr.	Johnson Creek, Wis. Lakeside Lutheran
DB	Joshua Strickler	Macalester	Sr.	Chesapeake, Va. Grassfield
LB	Jordan Vellon	Macalester	Sr.	Orlando, Fla. The Masters Academy
WR	Nathan Wu	Macalester	Sr.	Walnut Creek, Calif. Northgate
LB	Jack Bjork	Saint John's	Sr.	Mahtomedi, Minn.
WR	Jimmy Buck	Saint John's	Sr.	Orono, Minn.
DB	Mateo Cisneros	Saint John's	Sr.	Shoreview, Minn. Mounds View
RB	Troy Feddema	Saint John's	Sr.	St. Cloud, Minn. Tech
LB	Andrew Hamilton	Saint John's	Sr.	Eagle River, Alaska Family Partnership Charter
LB	Brock Humbert	Saint John's	Sr.	Cold Spring, Minn. ROCORI
WR	Todd Jager	Saint John's	Sr.	St. Bonifacius, Minn. Waconia
DB	Hillary Makori	Saint John's	Sr.	Bloomington, Minn. Jefferson
LB	Jake Palmer	Saint John's	Sr.	St. Anthony, Minn. St. Anthony Village
QB	Nick Peterson	Saint John's	Sr.	Brooklyn Park, Minn. Benilde-St. Margaret's
DB	Brandon Ruikka	Saint John's	Sr.	Circle Pines, Minn. Centennial
OL	Hank Smith	Saint John's	Sr.	Geneva, Ill.
DB	Ethan Stark	Saint John's	Sr.	Sartell, Minn. Sartell-St. Stephen
TE	Trey Steinbach	Saint John's	Sr.	Marshall, Minn.
LB	Garret Strating	Saint John's	Sr.	Lino Lakes, Minn. Centennial
OL	Ethan Sutton	Saint John's	Sr.	New Hope, Minn. Robbinsdale Armstrong
QB	Aaron Syverson	Saint John's	Sr.	Minnetonka, Minn.
RB	Devin Vouk	Saint John's	Sr.	Sartell, Minn. Sartell-St. Stephen
LB	Simon Dickerson	St. Olaf	Sr.	Northfield, Minn.
LB	Ben Hestorff	St. Olaf	Sr.	Tampa, Fla. H.B. Plant
OL	Max Kuntz	St. Olaf	Sr.	Wabasha, Minn. Wabasha-Kellogg
OL	Andrew Mollison	St. Olaf	Sr.	Edina, Minn. Minnehaha Academy
DB	Lorenzo Riley-Combs	St. Olaf	Sr.	Denver, Colo. J.K. Mullen
WR	Payton Schott	St. Olaf	Sr.	Caledonia, Minn.